

RUSS HOWARD:

Russ is well known throughout Canada as a two-time World Curling Champion and Olympic Gold Medalist. His intensity and strategy have set him apart from other competitors as he has set the record for most wins as a Skip at the Brier, the Canadian Men's Curling Championship. Russ' love for the game extends to his family - with both teenagers being keen competitors in the sport. Russ has competed in two Canadian Mixed Championships, representing New Brunswick in 2000 and 2001 and two New Brunswick Senior Championships. Russ is a Professional golfer and owned and operated his own Golf Pro Shop for many years in his home town of Midland, Ontario. Russ now provides color commentary for TSN during their Curling coverage of the Season of Champions.

In 2005, he called the shots for the Brad Gushue team at the Canadian Olympic Trials, while he played second, Russ went on to win the trials, giving them the right to represent Canada at the 2006 Winter Olympics, where they won the gold medal, defeating Finland 10–4 in the final match. The gold medal was the first time that a Canadian team had won the gold medal for men's curling. Russ, who turned 50 during the Olympics, is also the oldest Canadian to win an Olympic gold medal. Russ is also the innovator of the "Moncton Rule", which evolved into the "Free Guard Zone", part of international and Olympic rules. This makes his 2006 medal particularly significant, as it is likely that without the excitement this rule adds to the sport it would not have become an Olympic event in the 1990s.

In 2006, he was inducted into the New Brunswick Sports Hall of Fame. In 2013, he was inducted into Canada's Sports Hall of Fame.

As of the end of his competitive career, the 2009 Brier, Russ had appeared in more Briers than any other player (14), and played more games at the Brier than any other player (174). [

Major Accomplishments

- 2006 Olympic Gold Medal Champion
- 2005 Canadian Olympic Trial Champion
- 14 Brier Appearances (8 Time Ontario Champion and a 6 time NB Champion)
- 2 Time Canadian Champion Gold Medal
- 4 Time Canadian Runner-up Silver Medal
- 2 Time Canadian Championship Bronze Medal
- 2 Time World Curling Champion (1987, 1993)
- 2 Time World Curling Tour Players Champion (1993, 1997)
- 2 Time NB Mixed Curling Champion
- 2 Time NB Senior Curling Champion

Curling Instruction

- 2008-2009 National Men's Coach for Switzerland's
- 3 time international curling instruction and ice-making in Japan
- Curling Camp Instructor in Ontario - for juniors and adults
- Curling Camp Instructor in Moncton- Competitive-level
- Curling camps in Moncton NB - For juniors and adults
- Instructed at a variety of Promotional Clinics
- Certified Level 3 Coach

Personal Accomplishments

- 2013 Inducted to the Canadian Sports Hall of Fame
- 2006 Inducted to the NB Sports Hall of Fame
- TSN Curling Commentator Since 2001 - Full time since 2009